

Getting Help

For help and information, check the following:

RowPro Product Sheet (PDF on the RowPro or Concept2 CD)
Installation and Evaluation Guide (PDF on the CD)
RowPro Help (Online and in RowPro)

Both the Installation and Evaluation Guide and RowPro Help contain a comprehensive Troubleshooting Guide.

Getting assistance

If you need assistance, contact assist@digitalrowing.com

"Thank-you for purchasing RowPro and I wish you success in achieving the results you want."



Pete Loeffen
President, Digital Rowing



Quick-Start Guide



Instant Start Checklist:

1. Check your PC has the latest Windows Service Pack
2. Insert the RowPro or Concept2 CD
3. If the Setup doesn't auto-start, run RowProSetup.exe
4. Click the desktop icon to start RowPro
5. Activate RowPro either Online or Manually
6. Open the Control Centre, click Users and add a user
7. Connect your PM4, PM3 or PM2+ to your RowPro PC
8. Pull the handle to start a Just Row

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Start here ...

Before installing RowPro, make sure your PC meets the minimum PC spec for RowPro and is up-to-date with the latest Windows Service Pack.

Install RowPro

Insert the RowPro CD in your PC. The RowPro Setup program should start automatically. If not, browse to the CD and run RowProSetup.exe. Follow the instructions on-screen.

Start RowPro

The RowPro Setup program puts two icons on your desktop, one to start RowPro, the other to start the free Concept2 Logbook bundled with RowPro. Click the RowPro icon.

Get a free Tryout Key

When you first start RowPro, you will see the Splash Screen with a moving line while RowPro loads, then the RowPro Activation Manager will appear with the Tryout tab selected.

- If your RowPro PC is connected to the Internet, fill in the details and click Get a free Tryout Key Online.
- If your RowPro PC is not connected to the Internet, click Other ways to get a free Tryout Key.

Activate RowPro (after purchase)

On the RowPro main menu bar, click Help / Activation Manager. In the Activation Manager select the Activate tab.

- If your RowPro PC is connected to the Internet, fill in the details and click Activate RowPro Online.
- If your RowPro PC is not connected to the Internet, click Other ways to Activate RowPro.

Add a user

When the RowPro In-Row Display appears, click the Control Center button on the menu bar above the 3D display to open the Control Center. Click the Users button and add a user.

Connect your Indoor Rower

When you're ready to row with RowPro, connect your Indoor Rower to your RowPro PC.

- If you have a PM4 or PM3, use the USB cable supplied with your PM4 or PM3. Be very careful to plug the USB plug into the PM3 the right way around—the USB symbol on the plug should be towards the rear of the PM3.
- If you have a PM2+, use the Serial cable supplied with the PM2+. You may also need to select the Serial Port on the RowPro Control Center / System Settings page.

Check the connection indicator on the bottom left of the RowPro PM twin frame. When your PM is connected correctly the indicator will be green and will show PM4, PM3 or PM2+.

Just Row

Pull the handle on your Indoor Rower at start a Just Row.

- Your PM4, PM3 or PM2+ will record your rowing.
- The RowPro PM twin will track your PM4, PM3 or PM2+.
- The 3D boat and rower should start moving and match your stroke action after a few strokes.

Session Setup

To row e.g. a Set Piece, click the Session Setup menu button.

- Check the correct user is selected.
- Select a session you want from the list and click Row.

